

# GENETIC ROLE IN ASTHMA DEVELOPMENT

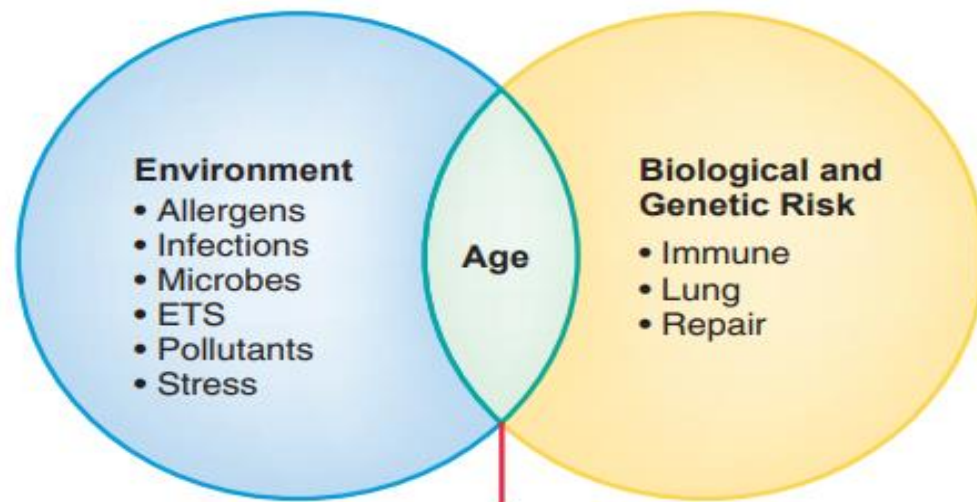
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PRESENTED BY  
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# INTRODUCTION

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- Asthma is a chronic inflammatory condition of the lung airways resulting in episodic airflow obstruction.
- Although the cause of childhood asthma has not been determined, a combination of environmental exposures and inherent biologic and genetic susceptibilities has been implicated



**Environment**

- Allergens
- Infections
- Microbes
- ETS
- Pollutants
- Stress

**Age**

**Biological and Genetic Risk**

- Immune
- Lung
- Repair

***Innate and Adaptive Immune Development (Atopy)***

**Lower Airways Inflammation**

- Respiratory viral infections
- Aeroallergens
- ETS
- Pollutants

**Aberrant Repair**

- Persistent inflammation
- AHR
- Remodeling
- Airways growth and differentiation

**ASTHMA**

# INTRODUCTION

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- A combination of environmental and genetic factors in early life shape how the immune system develops and responds to ubiquitous environmental exposures.
- In the susceptible host, immune responses to common airways exposures (e.g., respiratory viruses, allergens, tobacco smoke, air pollutants) can stimulate prolonged, pathogenic inflammation and aberrant repair of injured airways tissues



# INTRODUCTION

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- Lung dysfunction (AHR, reduced airflow) and airway remodeling develop.
- These pathogenic processes in the growing lung during early life adversely affect airways growth and differentiation, leading to altered airways at mature ages.
- Once asthma has developed, ongoing inflammatory exposures appear to worsen it, driving disease persistence and increasing the risk of severe exacerbations.

# EPIDEMIOLOGY

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- Asthma is a common chronic disease, causing considerable morbidity.
- In 2011, >10 million children (14% of U.S. children) had ever been diagnosed with asthma, with 70% of this group reporting current asthma.
- Male gender and living in poverty are demographic risk factors for having childhood asthma in the United States.
- About 15% of boys vs 13% of girls have had asthma; and 18% of all children living in poor families (income

# EPIDEMIOLOGY

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- Childhood asthma is among the most common causes of childhood emergency department visits, hospitalizations, and missed school days.
- In the United States in 2006, childhood asthma accounted for 593,000 emergency department (ED) visits, 155,000 hospitalizations, and 167 deaths.
- A disparity in asthma outcomes links high rates of asthma hospitalization and death with poverty, ethnic minorities, and urban living.

# EPIDEMIOLOGY

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- In the past 2 decades, black children have had 2-7 times more ED visits, hospitalizations, and deaths as a result of asthma than nonblack children.
- Although current asthma prevalence is higher in black than in nonblack U.S.



# EPIDEMIOLOGY

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- Worldwide, childhood asthma appears to be increasing in prevalence, despite considerable improvements in our management and pharmacopeia to treat asthma.
- Although childhood asthma may have plateaued in the United States after 2008, numerous studies conducted in other countries have reported an increase in asthma prevalence of approximately 50% per decade.

# EPIDEMIOLOGY

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- Asthma prevalence correlated well with reported allergic rhinoconjunctivitis and atopic eczema prevalence.
- Childhood asthma seems more prevalent in modern metropolitan locales and more affluent nations, and is strongly linked with other allergic conditions.
- In contrast, children living in rural areas of developing countries and farming communities with domestic animals are less likely to experience asthma and allergy.

# EPIDEMIOLOGY

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- Approximately 80% of all asthmatic patients report disease onset prior to 6 yr of age.
- Early childhood risk factors for persistent asthma have been identified and have been described as major (parent asthma, eczema, inhalant allergen sensitization) and minor (allergic rhinitis, wheezing apart from colds,  $\geq 4\%$  peripheral blood eosinophils, food allergen sensitization) risk factors.

# GENE-ENVIRONMENT INTERACTIONS

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- Environmental factors modify genetic risk:
- Allergen
- Pollutants
- Viral infections (CDHR3 genetic polymorphisms regulating responses to respiratory virus infection)



# ENVIRONMENT

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- Recurrent wheezing episodes in early childhood are associated with common respiratory viruses, especially rhinoviruses, respiratory syncytial virus (RSV), influenza virus, adenovirus, parainfluenza virus, and human metapneumovirus.
- This association implies that host features affecting immunologic host defense, inflammation, and the extent of airways injury from ubiquitous viral pathogens underlie susceptibility to recurrent wheezing in early childhood.

# ENVIRONMENT

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- Environmental tobacco smoke and common air pollutants can aggravate airways inflammation and increase asthma severity.
- Cold, dry air, hyperventilation from physical play or exercise, and strong odors can trigger bronchoconstriction.
- Living in rural or farming communities may be a protective environmental factor.

# ROLE OF GENETICS IN ASTHMA

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- Genetic factors contribute to asthma susceptibility, severity, and treatment response.
- To date, more than 100 genetic loci have been linked to asthma, although relatively few have consistently been linked to asthma in different study cohorts.
- Consistent loci include genetic variants that underlie susceptibility to common exposures such as respiratory viruses and air pollutants.

# FIVE BROAD GROUPS IDENTIFIED AS CONTRIBUTING TO ASTHMA

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- Genes that can directly modulate the response to environmental exposures.
- Genes that maintain the integrity of the epithelial barrier at the mucosal surface (FLG).
- Immune responses can be regulated by genes.
- Genes involved in determining the tissue response to chronic inflammation (e.g., airway remodeling) (ADAM33, GSDMB, SMAD3)
- Some disease-modifying genes.



# GENES THAT CAN DIRECTLY MODULATE THE RESPONSE TO ENVIRONMENTAL EXPOSURES

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- Genes CD14 and TLR4
- IL33 is an alarmin that is released from airway epithelial cells in response to rhinovirus
- CDHR3, a receptor found on airway epithelial cells that can influence rhinovirus infection and disease exacerbation.
- glutathione S transferase [GST]), which modulate the effect of exposures involving

# GENES INVOLVED CHRONIC INFLAMMATION (AIRWAY REMODELING)

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- ADAM33
- GSDMB
- SMAD3

# MAJOR ASTHMA-ASSOCIATED GENES

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- Genome-wide association studies (GWAS) identified multiple risk loci.
- IL33: Involved in airway inflammation
- ORMDL3: Regulates sphingolipid metabolism
- GSDMB: Associated with airway remodeling

# MAJOR ASTHMA-ASSOCIATED GENES

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- ORMDL3 has been linked to calcium homeostasis in airway smooth muscle cells leading to airway hyperresponsiveness.
- Recently it has been shown that GSDMB is elevated in the airway epithelium in asthma
- SMAD3, an intracellular signaling protein that is activated by the profibrotic cytokine transforming growth factor- $\beta$  (TGF- $\beta$ )



# EARLY DEVELOPMENT AND ASTHMA SUSCEPTIBILITY

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- ADAM33 was identified as an asthma-susceptibility gene
- A polymorphism in ADAM33 is associated with early-life measures of lung function
- The positionally cloned asthma gene ADAM33 has been associated with accelerated lung function decline in patients with asthma.

# MAJOR ASTHMA-ASSOCIATED GENES

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- More recently several previously described asthma genes have also been shown to associate with disease exacerbation, suggesting a modification role also
- GSDMB
- IL33(IL13 is a strong candidate gene)
- RAD50
- IL1RL1
- novel gene CDHR3

# GENETIC PATHWAYS IN ASTHMA

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- Immune response regulation
- Genetic Markers for Asthma Risk
  - SNPs in IL4, IL5, and IL13 genes.
- Epithelial barrier function

# ASTHMATIC INFLAMMATION

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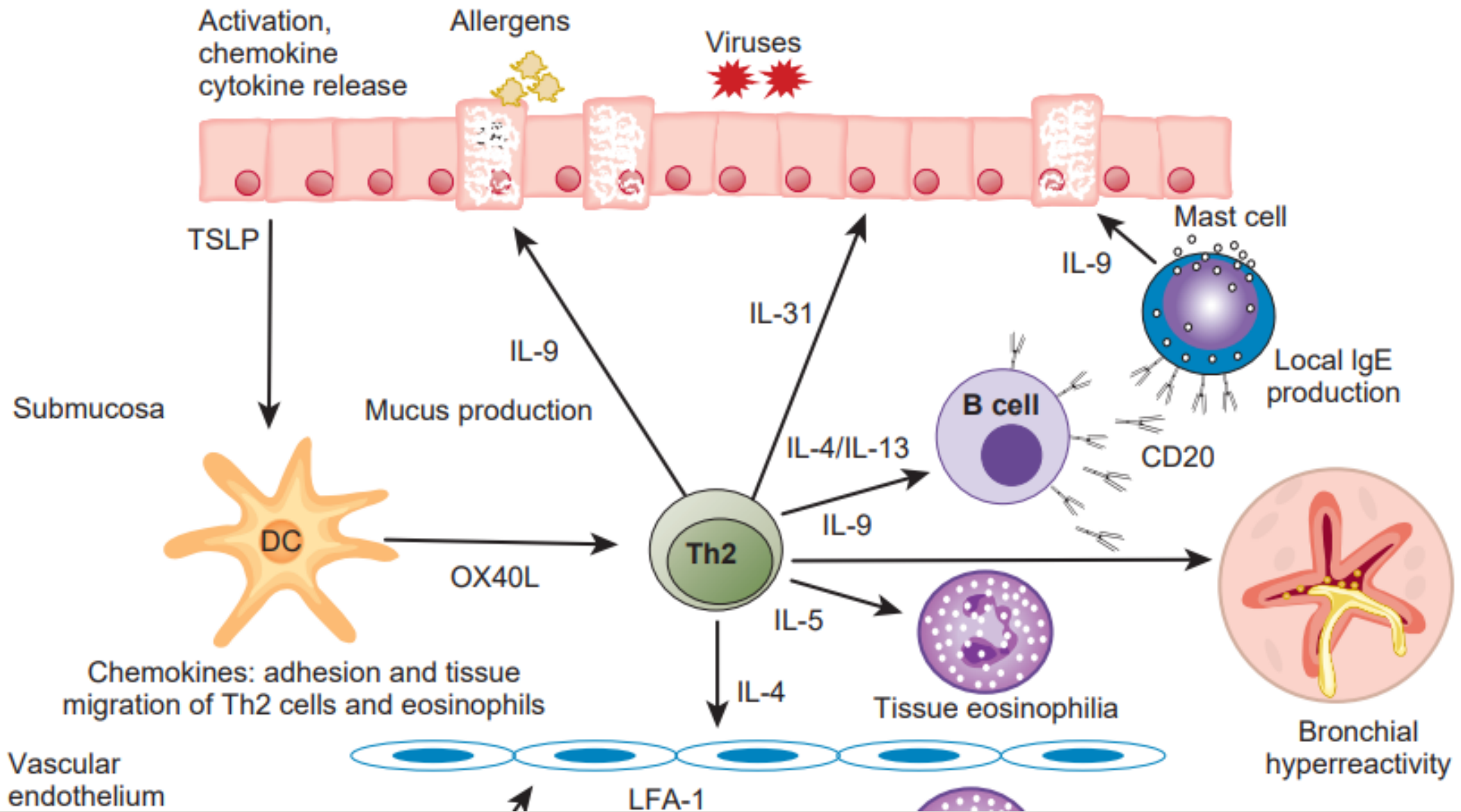
- Epithelial cell activation with production of proinflammatory cytokines and chemokines induces inflammation and contributes to a T-helper cell type 2 (Th2) response with tumor necrosis factor (TNF)- $\alpha$ , interleukin (IL)-13, thymic stromal lymphopoietin (TSLP), IL-25, IL-31, and IL-33.
- Migration of inflammatory cells to asthmatic tissues is regulated by chemokines.



# ASTHMATIC INFLAMMATION

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- Th2 and eosinophil migration are induced by eotaxin, monocyte-derived chemokine (MDC), and activation-regulated chemokine (TARC).
- Epithelial apoptosis and shedding is observed, mainly mediated by interferon (IFN)- $\gamma$  and TNF- $\alpha$ .
- The adaptive Th2 response includes the production of IL-4, IL-5, IL-9, and IL-13.



# PHARMACOGENETICS OF ASTHMA

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- Genetic variations influence drug response.
- $\beta$ 2-Adrenergic Receptor (ADRB2) Gene
  - Variants affect bronchodilator response.  $\beta$ 2-adrenergic receptor polymorphism responses to leukotriene receptor antagonists or leukotriene synthesis inhibitors.
- Glucocorticoid Response Genes
  - FCER2: Predicts response to inhaled corticosteroids

# BENEFITS OF GENETIC STUDIES OF ALLERGIC DISEASES

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- To understand the heritable component of diseases or traits
- Explication of disease pathogenesis by identification of genes and molecular pathways, generating novel pharmacologic targets
- Identification of environmental-genetic interactions and prevention of disease through environmental modification
- Determination of the likelihood of a therapeutic response or adverse response (i.e., pharmacogenetics) as the basis for individualized treatment plans.



THANK YOU FOR  
YOUR ATTENTION

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