

ExtraCorporeal Carbon Dioxide Removal (ECCO₂R) An overview

Presented by: Dr Atiyeh Ghassemi (MD, Pediatric Critical Care Medicine Fellow) 5th Pediatric Critical Care Congress (Shiraz, Iran)

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What is ECCO2R?

- Definition: A form of ECLS that removes CO₂ across a gas exchange membrane without influencing oxygenation.
- Indications :
 - ARDS
 - AECOPD
 - LTx bridging
 - Status Asthma
 - Any condition with hypercapnic respiratory failure.

REVIEW Open Access

The use of extracorporeal CO₂ removal in acute respiratory failure



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Abstract

Background: Chronic obstructive pulmonary disease (COPD) exacerbation and protective mechanical ventilation of acute respiratory distress syndrome (ARDS) patients induce hypercapnic respiratory acidosis.

Main text: Extracorporeal carbon dioxide removal ($ECCO_2R$) aims to eliminate blood CO_2 to fight against the adverse effects of hypercapnia and related acidosis. Hypercapnia has deleterious extrapulmonary consequences, particularly for the brain. In addition, in the lung, hypercapnia leads to: lower pH, pulmonary vasoconstriction, increases in right ventricular afterload, acute cor pulmonale. Moreover, hypercapnic acidosis may further damage the lungs by increasing both nitric oxide production and inflammation and altering alveolar epithelial cells. During an exacerbation of COPD, relieving the native lungs of at least a portion of the CO_2 could potentially reduce the patient's respiratory

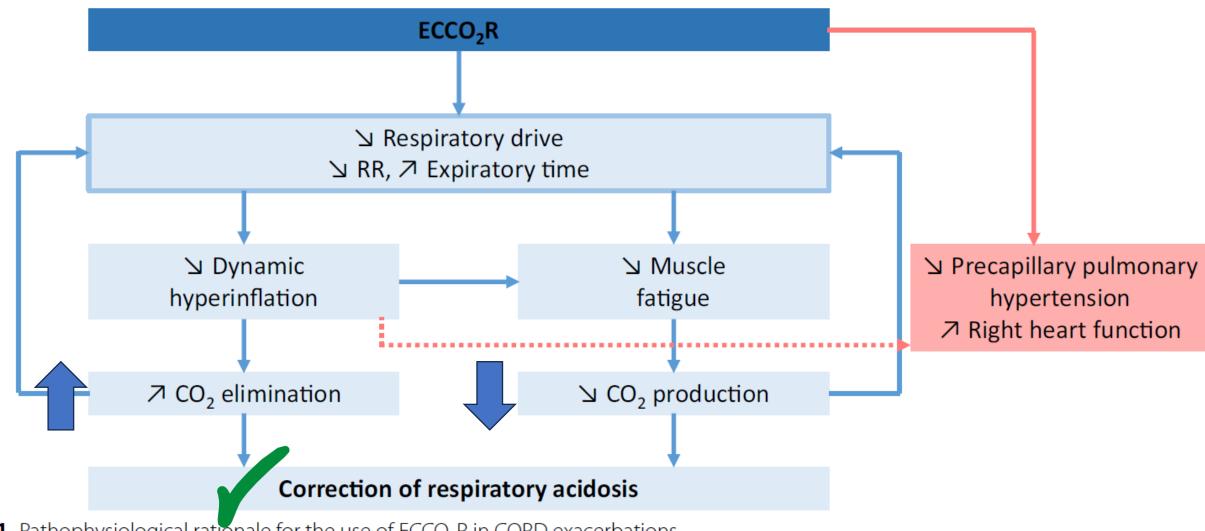
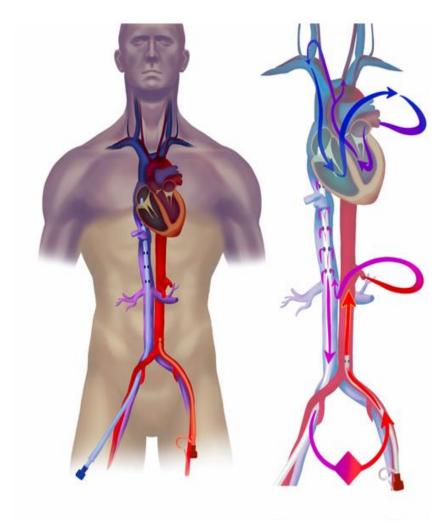


Fig. 1 Pathophysiological rationale for the use of ECCO₂R in COPD exacerbations



Technical principles

- Catheters or cannulas
- ARTERIOVENOUS technique:
 - Without a pump.
 - Femoro-femoral approach
 - Arterial and venous cannulation with 15 French cannulas.
 - The blood flow depends on the cardiac output.
 - Membrane surface of 1.3 m²

(a)

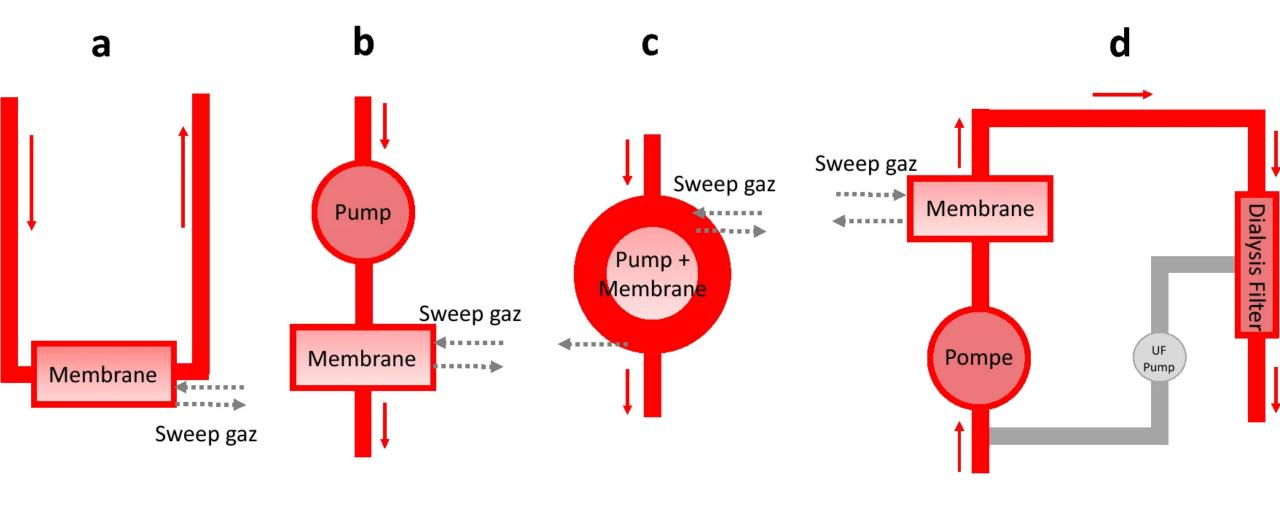
(b)





Technical principles

- VENOVENOUS technique
 - Pump is necessary.
 - Uses low or very low blood flow.
 - Exchange membrane based on hollow fibers.
 - Poly-4-Methyl-1-Pentene (PMP).
 - Exchange surfaces size 0.32-0.65 m²

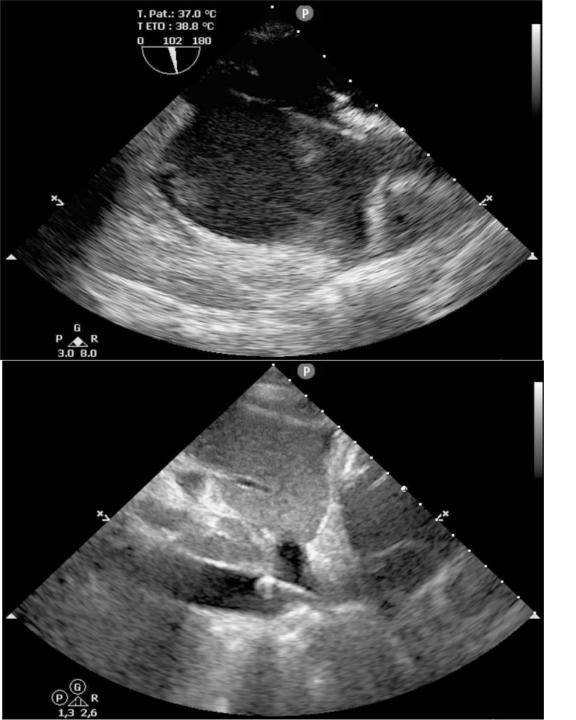


A: Pumpless arterio-venous system

B: Veno-venous system. Pump and membrane are in series

C: Veno-venous system. Pump is integrated into the membrane

D: Veno-venous system. The membrane is integrated into an extra-renal purification system that has its own pump.



- Current systems: VENOVENOUS
- Double-lumen venous catheters/cannulas.
- Right internal jugular or femoral vein
- performed under ultrasound guidance.
- transesophageal or subxiphoid transthoracic echocardiography.
- Heparin
- Sweeping gas

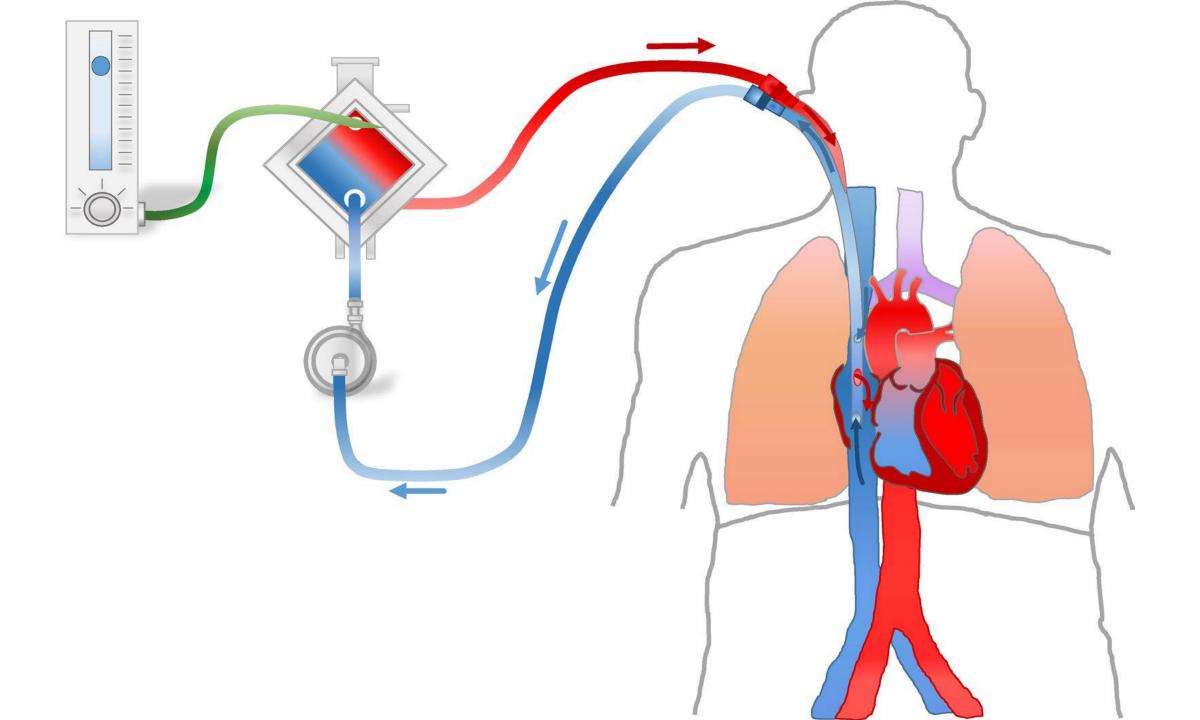


Table 1 Characteristics of the different ECCO₂R and VV-ECMO systems

	Partial extracorporeal support (ECCO ₂ R)				Total extracorporeal support (ECMO)	
	Very low flow	Low flow	Intermediate flow	Intermediate flow	High flow	High flow
Blood flow (L/min)	200–400	400–500	500–1000	500-4500	2500–5000	2500–7000
Vascular access	Venovenous	Venovenous	Venovenous	Arteriovenous	Venovenous	Venovenous
Cannula size	13 Fr	15.5 Fr	18–19 Fr	15 Fr	27-31 Fr	Drainage: 25–29 Fr
Cannula configura- tion	Dialysis catheter	Double-lumen cannula	Double-lumen cannula	Arterial and venous cannulae	Double-lumen cannula	Reinjection: 17–21 Fr
Priming volume (mL)	140–160	200–300	250–350	175	300–500	300–500
Anti-Xa activity (UI/L)	0.3-0.4	0.3-0.4	0.3-0.4	0.3-0.4	0.2-0.3	0.2-0.3
Membrane surface (m²)	0.32	0.59	0.65	1.3	1.8	1.8
CO ₂ extraction (% of initial value)	<25	25	50	50–60	> 50	>50
O ₂ transfer (mL/min)	Ø	10	20	20–50	150-300	150-350

 $ECCO_2R$ extracorporeal carbon dioxide removal, VV-ECMO venovenous extracorporeal membrane oxygenation

Complications and Technical Limitations

- Hypoxemia and need for an increase in Fio₂
 - Atelectasis
 - IMV + Prone Position
- Venous and/or Arterial Cannulation
 - Transient ischemia of lower limb, False aneurysm of the Femoral artery, Fatal perforation, and Retroperitoneal bleeding
- Transient thrombocytopenia
 - Use of Heparin
- Clot formation in the Circuit
 - Life-threatening
 - Change the circuit



Table 4 Types of complications that can occur during treatment with ECCO₂R

Types of complications			
Complications related to cannulation	Bleeding at vascular access		
	Thrombosis		
	Infection of the insertion site		
	Accidental arterial insertion (venovenous system)		
	Pneumothorax		
	Hematoma		
	Distal ischemia of the cannulated limb (arteriovenous system)		
	Aneurysm (arteriovenous system)		
	Pseudoaneurysm (arteriovenous systems)		
Mechanical complications	Malfunction or failure of the pump		
	Malfunction or failure of the membrane		
	Malfunction or heater failure		
	Thrombosis in the circuit/membrane		
	Gas embolism		
Complications related to patients	Aggravation of hypoxemia during the establishment of ultraprotective ventilation		
	Bleeding in relation to anticoagulation		
	Hemolysis		
	Infection		
	Heparin-induced thrombopenia		

ECCO₂R extracorporeal carbon dioxide removal

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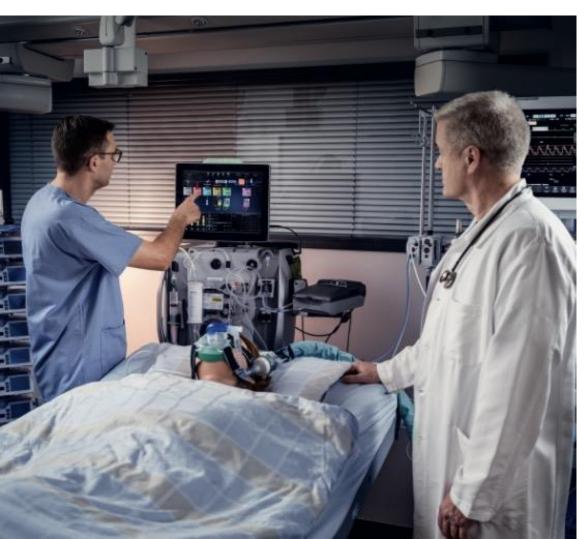
Expert perspectives on ECCO₂R for acute hypoxemic respiratory failure: consensus of a 2022 European roundtable meeting

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Abstract

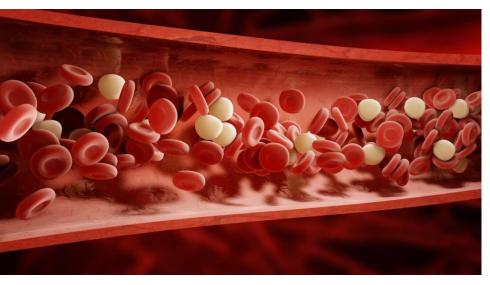
Background By controlling hypercapnia, respiratory acidosis, and associated consequences, extracorporeal CO₂ removal (ECCO₂R) has the potential to facilitate ultra-protective lung ventilation (UPLV) strategies and to decrease injury from mechanical ventilation. We convened a meeting of European intensivists and nephrologists and used a modified Delphi process to provide updated insights into the role of ECCO₂R in acute respiratory distress syndrome

Initiation and Discontinuation of ECCO2R



- PaCO2, pH, DP (Driving Pressure), and RR
 - (Driving Pressure: Ventilator-measured Pplat applied PEEP)
- Sedated and ventilated patients with mild-tomoderate ARDS.
 - PaCO2> 60 mmHg and pH < 7.25
 - No agreement was reached on DP threshold;
 however, 10 participants selected either > 14 or > 15 cmH2O.
 - No agreement was reached on a threshold for RR.

Anticoagulation strategy for ECCO2R



- Unfractionated heparin (UFH)
- Citrate-based
- Partial thromboplastin time (PTT) 1.5–2.0 × control
- Anti-Xa testing of 0.3–0.5 IU/mL
- No agreement was reached on bolus or infusion dosage for UFH.

Table 2 Initiation and discontinuation thresholds for respiratory parameters when implementing ECCO₂R in a sedated patient with mild-to-moderate ARDS

Criteria for initiation	Threshold value	Level of agreement
рН	< 7.25	7/13, majority ^b
PaCO ₂	>60 mmHg	8/14, majority ^c
ΔΡ	_	No agreement
RR	_	No agreement
Criteria for discontinuationa	ADPIRENTS	
рН	> 7.3	7/14, majority ^c
ΔΡ	_	No agreement
RR	_	No agreement
P _{plat}	_	No agreement

Need for and design of another randomized trial of ECCO2R for patients with acute hypoxemic respiratory failure

Table 5 Preliminary suggestions for the design of a future randomized trial of ECCO₂R for patients with acute hypoxemic respiratory failure

Criteria	Threshold value	Level of agreement
Inclusion criteria		
ΔP	≥ 14 or 15 cm H ₂ O	Consensus
Minimum PaO ₂ :FiO ₂	50-100	No agreement
Maximum PaO ₂ :FiO ₂	150-300	No agreement
Minimum PEEP	5–15	No agreement
pH	< 7.20-7.25	No agreement
PaCO ₂	>60 mmHg	No agreement
RR	> 25	No agreement
Mechanical power	_	No agreement
Exclusion criteria		
Contraindication to heparin	_	No agreement
High risk of bleeding	_	No agreement
Hemodynamic instability	_	No agreement
Major comorbidity	_	No agreement
Primary endpoint		
Mortality		No agreement
Time on invasive ventilation		No agreement
Improvement of physiological parameters (PaO ₂ , ΔP, mechanical pov	No agreement	
Secondary endpoints		
Time on invasive ventilation		No agreement
Mortality		No agreement
Improvement in right ventricular function		No agreement
Safety endpoints		
Major bleeding (including CNS hemorrhage)		Majority
Catheter-associated complication (infection, vascular injury)		No agreement
Hemolysis		No agreement

ΔP driving pressure, CNS central nervous system, ECCO₂R extracorporeal carbon dioxide removal, FiO₂ fraction of inspired oxygen, PaCO₂ partial pressure of carbon dioxide, PEEP positive end-expiratory pressure, pH potential of hydrogen, RR respiratory rate





ORIGINAL ARTICLE

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Extracorporeal carbon dioxide removal for patients with acute respiratory failure: a systematic review and meta-analysis

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ABSTRACT

Background: Acute respiratory failure (ARF) is a common clinical critical syndrome with substantial mortality. Extracorporeal carbon dioxide removal (ECCO₂R) has been proposed for the treatment of ARF. However, whether ECCO₂R could provide a survival advantage for patients with ARF is still controversial.

Methods: Electronic databases (PubMed, Embase, Web of Science, and the Cochrane database) were searched from inception to 30 April 2022. Randomized controlled trials (RCTs) and observational studies that examined the following outcomes were included: mortality, length of hospital and ICU stay, intubation and tracheotomy rate, mechanical ventilation days, ventilator-free days (VFDs), respiratory parameters, and reported adverse events.

Results: Four RCTs and five observational studies including 1173 participants with ARE due to

ARTICLE HISTORY

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KEYWORDS

Extracorporeal carbon dioxide removal; acute respiratory failure; mortality; meta-analysis



Results

- Mortality
 - No significant difference in 28-day mortality, 90-day mortality, ICU mortality or hospital mortality.
- Length of ICU and hospital stay
 - Within RCTs: similar duration of ICU stay
 - Within observational studies: significantly reduced length of ICU stay
- Intubation rate and tracheotomy rate
 - A total of 97 patients used ECCO2R during NIV and 77 patients had avoided intubation after the treatment of ECCO2R.

Results



- Mechanical ventilation support and ventilator-free days
 - The duration was shorter in the ECCO2R group in ARF patients with AECOPD
- Respiratory parameters
 - PH, PaCO2, PaO2, and RR
 - Treatment with ECCO2R could improve pH in ARF patients secondary to COPD, but not in ARDS or acute hypoxic respiratory failure patients.
 - An improvement of PaO2, RR and PaCO2 was also observed in patients with ARF secondary to COPD by ECCO2R therapy.

